

FOHG - SATURDAY MORNING GOLF & TENNIS CLUB





Calling **all** budding
Golf & Tennis
stars!

Come and join the

FOHG SATURDAY MORNING Golf & Tennis Club!

For Reception to Year 4



Building on the growing success of our Middle and Upper School golf and tennis programmes, the FOHG Saturday Morning Golf and Tennis is a new club for children in Pre-Prep, Years 3 & 4. The Club is organised by volunteer parents continuing with golf pros from the Berkshire Golf Club and this year with new professional tennis coaches (to be advised shortly). The aim is for children to gain the skills in these sports to be ready for the School programme in later years.

Golf and Tennis Experience (R and Y1)

Reception and Year 1 children will have 1½ hours of golf and tennis (45 minutes of each sport), learning basic skills through fun games and activities. At the end of the term they will participate in a fun mini competition especially suited to their skill level. They will also be able to play in the FOHG golf competition at the end of the summer term.

Golf and Tennis Starter Programme (Y2 and Y3)

Years 2 & 3 children will have 1½ hours of golf and tennis (45 minutes of each sport) working on their basic skills and building on these by adding new concepts to the sport. Fun games and activities will still be a big feature during the starter programme and the mini competition at the end of term will give the children something to work toward. They will also be able to play in the FOHG golf competition at the end of the summer term.

Golf and Tennis Step-up Programme (Y4)

By Year 4 the children will be able to choose whether they would like to do just tennis or golf or continue with both sports. The Step-up Programme lessons will be 40 minutes for each sport. The children will continue to build on the skills from the previous programmes, and add to this basic knowledge of scoring, playing in matches/competitions, rules and etiquette. There will be a competition at the end of the summer term.

Year 5+ Tennis training

When the Upper and Middle School tennis programme stops later in the year, if there is the demand for tennis training we will run training in the "off season".

Any queries please contact Sheila & Kiran on fohgtennisgolf@gmail.com

